

Name
Index Number
Candidate's Signature
Date of Examination

# BEST BRAIN EXAMINATIONS KONSORTIUM GHANA

**Special Private Mock Examinations For BECE Candidates** 

September 2021

### BASIC DESIGN AND TECHNOLOGY (HOME ECONOMICS 2 & 1) [100 marks]

1 hour 55 minutes

Write your name and index number in ink in the spaces provided above

This booklet consists of two papers. Paper 2 is in two sections: A and B. Answer three questions only: Question 1 in section A and two questions from section B using the spaces provided in this question paper. Paper 2 will last 1hr. 15 minutes. Answer Paper 1 on your objective Test answer sheet.

Do not start the paper 1 until you are told to do so. Paper 1 will last 40 minutes.

At the end of the examination, you should submit the entire question paper to the invigilator.

Any candidate who tears off any part of the question paper will be severely penalized.

Whether you answer all the questions in this paper or not, hand in the entire question paper to the invigilator.

Credit will be given for clarity of expression and orderly presentation of material.

# HOME ECONOMICS

For Examiner's Use Only		
Question Number	Mark	
TOTAL		

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## PAPER 2 SECTION A CORE SKILLS [20 marks]

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[4 marks]

Answer Question 1 [COMPULSÓRY]

1.	(a)	(i)	State four functions of food in the human body.	
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	*****			[2 marks]
		(ii)	Give four characteristics of a wholesome food.	
1911 - 1914 - 1	•••••			
	•••••			
a anna	******			
(		••••••		
	2 7		•	[4 marks
	(b)	Out	line <b>four</b> qualities of a good seam.	
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Draw a triangle in the space below and shade by using the cross-hatching technique. (c) 4 mars-(d) (i) What is a *market survey*? (ii) Give two reasons why it is necessary to conduct a market survey on your product. ..... [2 mark (e) List four factors on which the analysis of a problem can be based. ..... [2 marks] Give four useful information that must be found on labels of product packages. (f) [2 marks]

Turn over

### SECTION B [50 marks]

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Answer two questions only from this section All questions carry equal marks.

Differentiate between the hand sewing machine and the treadle sewing machine. (i) 2. (a) Give three advantages that the treadle machine has over the hand sewing machine. (ii) [5 marks] In what three ways must we take caution in using electric sewing machines? (b) .... [3 marks] Give four characteristics of cotton fibres. (c) . . . . . . . . . . . .

[4 marks]

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(d)		Describe six steps you would take when threading the sewing machine.	
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•••••	•••••		
•••••			[6 marks]
(e)	(i)	List <b>four</b> materials needed to make a blouse.	
	(ii)	Name <b>four</b> measurements needed to make a blouse.	
••••••	•••••		
•••••	•••••	·····	 [4 marks]
(f)	Outli	ine <b>three</b> ways to take care of linen fabrics.	["marks
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••••	•••••	· · · · · · · · · · · · · · · · · · ·	[3 marks]
(a)	Outli	ine <b>four</b> guidelines to follow when using the microwave oven for cooking.	
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•••••	•••••		[4 marks]
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0909021 Home Economics 2&1

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(b)	(i)	What is <i>frying</i> ?	
•••••	•••••		
•••••	•••••		
•••••	(ii)	Give six exemples of for 1, 4, 4, - 1, - 0, - 1	• • • •
	. ,	Give six examples of foods that can be fried.	
		······	
••••••	•••••••		
		[5 mark	<s]< td=""></s]<>
(c)	State	four advantages of baked foods	
•••••	•••••		•••
••••••	•••••		••
		[4 mark	
(d)	Give <b>f</b>	our rules to observe in serving meals for invalids and convalescents.	
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		[4 marl	KS]
(e)	Give fo	our advantages of pressure cooking.	
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[4 marks]

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(f) State **four** factors a caterer should consider when planning a menu.

[4 marks]

4. (a) Complete the table below on causes and remedies of missed stitches during machine stitching.

CAUSES	REMEDY
1.	1. Loosen tension screw
2. Thread on reel is different from that on the bobbin	the 2.
3. Fabric is pulled as it is being stitched	3.
4.	4. Thread needle again
5. Needle either bent/blunt, too long or sho	prt 5.
	[5 marks]

(b) State **three factors** to consider when choosing thread for sewing.

	•••••
	•••••
	•••••
	• • • • • • • • • • • • • • • • • • • •
[3	marks]
(c) Give three factors to consider when choosing an opening to use in a garment.	
[3	marks]

Turn over

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	(d)	Give th	ree factors to	consider when	n buying alun	ninum sauce	pan for your	kitchen.	
		•••••			• • • • • • • • • • • • • • • • • •	••••••			• • • • • • • • • • • • •
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				,				•••••	[3 marks]
	(e)	Outlin	e <b>five</b> points to					g food.	-
	4 ) 9 <b>3</b> ) 7 ) <b>8 4 8 8 8 8</b>	• • • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • • •	•••••		•••••	* * * * * * * * * * * * * * * * *		
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	(f)	(i)	State three c	qualities of fre	sh fruits.				
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3	<b>%</b>	(ii)	Give three u	uses of fruits.					
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# DO NOT TURN OVER THIS PAGE UNTIL YOU ARE TOLD TO DO SO

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# YOU WILL BE PENALIZED SEVERELY IF YOU ARE FOUND LOOKING AT THE NEXT PAGE BEFORE YOU ARE TOLD TO DO SO

PAPER 1 OBJECTIVE TEST 40 minutes

Answer all the questions on your Objective Test answer sheet.

- 1. Use 2B pencil throughout
- 2. On the pre-printed answer sheet, check that the following details are **correctly** printed: Your **surname** followed by your **other names**, the Subject Name, Your Index Number; Centre Number and the Paper Code.
- 3. In the boxes marked Candidate Number, Centre Number and Paper Code, **reshade** each of the shaded spaces.
- An example is given below. This is for a candidate whose name is Seyram BABANAWO. Her index number is 772384188 and she is writing the examination at Centre Number 77234. She is offering Home Economics 1 and the Paper Code is 4510.

#### BEST BRAIN EXAMINATION KONSORTIUM SPECIAL PRIVATE MOCK FOR BECE CANDIDATES OBJECTIVE ANSWER SHEET.



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#### Answer all the questions

Each question is followed by four options lettered A to D. Find the correct option for each question and shade in pencil on your answer sheet the answer space which bears the same letter as the option you have chosen. Give only one answer to each question. An example is given below.

Moist heat causes ..... to the human skin.

- A. bruises.
- В. scalds
- C. cuts.
- D. burns.

The correct answer is scalds, which is lettered **B** and therefore answer space **B** would be shaded.  $\square A \square$ \_\_\_\_ **D\_\_\_** 

Think carefully before you shade the answer spaces; erase completely any answer you wish to change. Do all rough work on this question paper. Not any er the following questions.

- 1 Which of the following statements is **true** about cooking?
  - Boiling is the fastest method of cooking. Α.
  - B. Every form of cooking requires oil.
  - C. Every form of cooking requires heat.
  - Every form of cooking requires oil. D.

#### The lack of heat in an electric iron could be due to the following except 4.

- broken thermostat. A.
- B. high electric voltage.
- С. blown fuse
- D. low electric voltage.
- The most important ingredient in the preparation of stews is
  - A. fish.

3.

- B. meat.
- C. heat.
- D. oil.
- 4. The colour green is obtained from a combination of blue and
  - Α. red.
  - B. vellow.
  - C. white.
  - D. brown.
- 5. The primary purpose of stitches is to...
  - A. hold pieces of garments together.
  - close openings. B.
  - С. cover holes in garments.
  - strengthen weak areas of a garment. D.
  - Graphic designers communicate information that can be
    - seen and heard. A.
    - B. printed and read.
    - С. seen and read.
    - D. shown and sung.
- 7. Which of the following figures is not a pyramid?



- 8. Which of the following is not a reason for boiling food?
  - To make it attractive in appearance. A. .
  - B. To bring variety to the diet.
  - С. To break down the nutrients.
  - D. To give it a better taste.
  - Temporary stitches are usually

9.

- A. used to hold parts of a garment forever.
- used to match the colour of the fabric sewn. **B**.
- C. done using strong threads.
- D. removed after the final stitching.
- 10. Which of the figures below is in oblique projection? A.





- 11. The third stage in the design process is
  - A. investigation.
  - **B.** . situation.
  - C. analysis.
  - D. brief.
- 12. Packaging of goods also involves .....
  - shelving. A.
  - В. pricing.
  - C. displacing.
  - D. labeling.
- 13. A market survey must be conducted at the planning stage of a business to determine
  - A. how many markets are in the area.
  - В. whether people will buy the product.
  - C. the best market around.
  - D. the biggest market available.
- The conditions and limitations a final solution must satisfy is referred to as .... 14.
  - possible solution. А.
    - B. design brief.
    - C. specification.
  - problem identification. D.
- 15. Permanent stitches are not used for
  - A. joining.
    - В. straightening,
    - С. neatening.
    - D. decoration.
- The best food for infants and toddlers is 16.
  - A. skimmed milk.
  - В. evaporated milk.
- C. tom brown.

- D. breastmilk.
- Which of the following is important in caring for an electric cooker? A.
  - Wipe spilled food only after it has dried. В.
  - Clean the plate immediately after putting off. С.
  - Slam oven door. D.
  - Scrub racks, rinse and dry.
- 18. The third course meal is the
  - Α. main meal. B.
    - water taken after the main meal.
  - С. dessert. Ð. appetizer.

- Collars are distinct features of garment because they 19.
  - keep the garment always looking new. A.
  - are always necessary to make garment complete. **B**.
  - С. add interest to the neckline.
  - make the wearer's neck to relax. D.
- Conduction is the method of heat transfer involved in 20.
  - microwave cooking. A.
  - В. boiling.
  - C. steaming.
  - D. grilling
  - One benefit of table laying is that it
    - enables one to eat more slowly and quietly. А.
    - enables one to be on time for meal. **B**.
    - C. makes eating more pleasant.
    - makes one learn to use cutlery properly. D.
- The purpose of a tension disc on a sewing machine is to 22.
  - regulate the tightness and looseness of the thread. Α.
    - control the movement of the take-up lever. В.
  - tighten or loosen to allow or disallow movement. C.
  - hold fabric firmly in position. D.
- Contamination of cooked food may be caused by 23.
  - poor storage and use of dirty utensils. А.
  - serving facilities available. В.
  - С. cooking facilities available.
  - the utensils and the ladle used. D.
- Rayon garments must be washed with care to prevent 24.
  - moulding. Α.
  - weakening. **B**.
  - C. fading.
  - D. shrinkage
- An important factor to consider when choosing a refrigerator is 25.
  - availability of space. Α.
  - brand name. В.
  - colour scheme. C.
  - easy to use. D.
- The best garnish for fried fish is 26.
  - oiĨ. Α.
  - В. carrot.
  - С. cucumber.
  - lemon. D.
- Which of the following is **not** true about fresh eggs? 27.
  - They float in brine. A.
  - They sink in brine. **B**.
  - C. They are white.
  - D.
  - When broken, the yolk floats on top of the thick white.
  - In which of the following dishes is the rubbing -in method used?
    - Swiss roll. Α.

28.

29.

- В. Scones.
- Ginger bread. С.
- D. Oueen's cake.
- Menus can be presented on the following except
  - cards. Α.
  - В. dresses.
  - С. chalkboards.
  - D. signboards.
- Body measurement is helpful in order to be able to 30.
  - sew garments as fast as possible. Α.
  - **B**. sew for babies.
  - С. • make a fitting garment.
  - make every type of garment. D.

## END OF PAPER

BEST BRAIN EXAMINATIONS KONSORTIUM SPECIAL PRIVATE MOCK EXAMS FOR BECE CANDIDATES -SEPTEMBER 2021

# MARKING SCHEME - HOME ECONOMICS

### **QUESTION ONE**

(ii)

#### STATE FOUR FUNCTIONS OF FOOD IN THE HUMAN BODY. (i)

(a)

(b)

(e)

(f)

Helps keep the body fluid constant

- Provides energy for work. 1
  - Provides heat for warmth. Provides materials for growth, repair, replacement and building new cells
  - Protects the body against diseases and sicknesses
- Regulates body temperature
- Etc.

# CHARACTERISTICS OF A WHOLESOME FOOD

- It has a good/pleasant smell
  - It has an original taste
  - It has the right colour/appearance
  - It has the right texture
  - Etc.

[4 marks @ 1 mark each]

[2 marks @ ½ mark each]

- QUALITIES OF A GOOD SEAM
  - It should be straight in relation to the type of clothing and fabric used
  - The seam should be flat
  - It should be well stitched and well pressed with an iron so that it brings out the shape and appearance of the article or garment it is used for.
  - It should be neat on both sides i.e. (the wrong and right sides)
  - It should have even stitches
  - It should be as strong as the fabric it joins
  - It should have just as much elasticity as the fabric it joins. This will prevent stitches from breaking when the garment is put under stress. [4 marks @ 1 mark each]
  - It should be durable.

#### DRAWING A TRIANGLE AND SHADE BY USING THE CROSS-HATCHING (c)



[4 marks]

[1 mark @ ½ mark each]

#### DEFINING A MARKET SURVEY (d)(i)

It is a way of knowing the peoples mind and interest about your product. OR: It is the research work conducted by an entrepreneur to determine if there is a ready [1 mark] market for his/her intended product.

#### TWO REASONS WE SHOULD CONDUCT MARKET SURVEY (ii)

- It helps to know the dislikes of the potential customers.
- It helps to produce the right product for the targeted people.
- To determine the profitability of a product

#### FACTORS ON WHICH THE ANALYSIS OF A PROBLEM CAN BE BASED.

- Function
- Material
- Construction \_
- Ergonomics -
- Cost \_
- Aesthetics

- Safety	[2 marks @ ½ mark each]]
USEFUL INFORMATION THAT MUST B	
- Name of manufacturer	

- Where it was made
- Name of product
- List of ingredients
- Address of manufacturer
- Weight of content

Etc.

- Date of manufacturing and expiring
  - Directions on how to use product.
- [2 marks @ 1/2 mark each]
- TOTAL = 20 MARKS

1 | P a g e SEPTEMBER 2021 MOCK - HOME ECONOMICS MARKING SCHEME

PART II [50 MARKS] **QUESTION TWO** DIFFERENCE BETWEEN THE HAND SEWING MACHINE AND THE TREADLE MAC (i) (a) The hand sewing machine works by turning the handle [2 marks @ 1 mark each] The treadle machine is operated by the feet. ADVANTAGES THE TREADLE MACHINE HAS OVER THE HAND SEWING (ii) MACHINE. Treadle machine is faster to use as compared with a hand sewing machine The worker has both hands free to guide the fabric Some can do embroidery work which hand sewing machine cannot do The top of machine can be turned into table. [3 marks @ 1 mark each] WAYS WE MUST TAKE CAUTION IN USING ELECTRIC SEWING MACHINES (b) Disconnect from the main switch before cleaning to avoid shock Replace flexible wire when insulator wears off to prevent electrical shock Replace other worn-out or damaged parts as early as possible Report any fault as soon as it occurs to prevent more serious damage Request for expect hands when there is a fault beyond control. [3 marks @ 1 mark each] CHARACTERISTICS OF COTTON FIBRES (c) They are stronger when wet They can be safely rubbed, squeezed or boiled during washing Cotton fabrics absorb water easily and are therefore cool to wear They can easily be dyed Damp cotton can develop mildew when kept for a long time Cotton fabrics shrink easily Cotton fabrics are easily destroyed by termites and chemicals particularly acid Cotton is easy to wash It burns easily in flame It is easy to sew. [4 marks @ 1 mark each] Etc. STEPS TO TAKE WHEN THREADING THE SEWING MACHINE (d) Wind the thread and the bobbin winder Place the bobbin in the bobbin case Fix the bobbin case into the shuttle under the slide plate Place the reel of thread on the spool pin Push the thread through the take-up lever to the second and third thread guide Pass the thread through the eye of the needle Allow some thread hang through the space in the case Turn the balance wheel to turn the needle to pick the bobbin thread up. 6 marks @ 1 mark each] MATERIALS NEEDED TO MAKE A BLOUSE (e) (i) [2 marks 1/2 mark each] 2 metres of fabric, ¼ mètres of interfacing, 4 buttons, Thread MEASUREMENTS NEEDED TO MAKE A BLOUSE (ii) [2 marks @ ½ mark each] Bust, Full length, Hip, Across back, Sleeve length, Neck WAYS TO TAKE CARE OF LINEN FABRICS (f) Steep in warm soapy water for about 10 to 15 minutes to soften loose dirt. Wash in water using soap. Wash by friction Rinse several times. White ones can be boiled to improve whiteness. Starch if necessary. Dry in the sun inside out until partly dried. If bone-dried, dampen with water and roll. Iron with a hot iron. Air thoroughly before storing [3 marks @ 1 mark each] Etc. 44 44 NARL SALLY

	<u>ON THREE</u> GUIDELINES FOR COOK	ING WITH MIC	<u>RO – WAVE</u>	· · · · · · · · · · · · · · · · · · ·	
	- Choose a power setting	ig that will suit the	e food to be warm	ned or cooked	
	<ul> <li>Cover moist food to p</li> </ul>	prevent splitting			
	- Thaw frozen food bet	fore microwaving			1
	- Do not use metal dish	ies in microwaves		[4 marks @ 1 ma	wk oachl
	- Read the manufacture	er's manual.	o 1. 1. 1. 1. 1.	[4 marks @ 1 ma	[2 marks]
(i)	FRYING - Frying is a quick n	nethod of cooking	food in hot/neate	a oli	[2 mar Koj
(ii)	EXAMPLES OF FOODS T	<u>HAT CAN BE FR</u>	TED	_	Chicken
	- Cocoyam	-	Tatale	_	Kose
	- Plantain	-	Kakro	_	Pancakes
	- Yam	-	Cassava	_	Doughnuts
	- Fish	· -	Potatoes	-	Banfo-besi
	- Meat	•	Massa	-	Kulikuli
	- Egg	-	Wagashie	[3 marks @ 1/2 m	and the second
		T TOODO	0.5	15 mar ks (d) /2 m	
•	ADVANTAGES OF BAKE	<u>D FOODS</u> .			
	<ul> <li>Baked foods look att</li> </ul>	ractive and append	zing		
	- The nutrients in the f				
	- Baked foods stay lon	iger	hono		· .
	- Food does not break	up, but keeps its s	паре	[4 marks @ 1 m	ark each]
	- Etc. <u>RULES TO OBSERVE IN</u>	OPDVINC MEA	I S FOD INVAT	IDS AND CONVAL	ESCENTS
)	RULES TO OBSERVE IN	SERVING MEA	LS FOR INTAL	ADD AND COL	
	- Serve meals at regul	artimes	• 1		
	- Meals must be well	balanced			
	- More of the diet sho	uld be preferably i	iquia		
	- Tray service is appro				
	<ul> <li>Serve digestible soli</li> </ul>	d foods			
	<ul> <li>Avoid fried foods</li> </ul>				
	- Avoid fatty meat				
	- Avoid spicy foods	•			
	Quere small portions	s of food since they	y may tend to hav	e poor appente	amla noodod
	- Foods should includ	le plenty fruits and	l vegetables to su	pply vitamins and min	ierais needeu
	for good health.				
	xx1, 1 C 1 - 1-	um rich foods are	also important.		1 1 11
	Use cooking method	ds that make foods	easily digestible	e.g. steaming, poachi	ng and boiling.
	- Follow strictly the d	loctor's advice.		[4 marks @	1 mark each]
	ADVANTAGES OF PRES	SURE COOKING	G.		
<b>X</b>	ADVANIAGES OF TREES	ch attention.	_		
)	It does not need mu				
e)	- It does not need mu	•			
2)	- Device is portable.				
2)	- Device is portable. - Saves fuel and time	ed.			
2)	<ul> <li>Device is portable.</li> <li>Saves fuel and time</li> <li>Nutrients are retained</li> </ul>	ed.	ed fast.	- 	
)	<ul> <li>Device is portable.</li> <li>Saves fuel and time</li> <li>Nutrients are retained.</li> <li>Tough cut meat is constant.</li> </ul>	ed. cooked and softene			1 mark each]
	<ul> <li>Device is portable.</li> <li>Saves fuel and time</li> <li>Nutrients are retained.</li> <li>Tough cut meat is constant.</li> </ul>	ed. cooked and softene			
	<ul> <li>Device is portable.</li> <li>Saves fuel and time</li> <li>Nutrients are retained.</li> <li>Tough cut meat is constructed.</li> <li>Etc.</li> </ul>	ed. cooked and softene			
	<ul> <li>Device is portable.</li> <li>Saves fuel and time</li> <li>Nutrients are retained</li> <li>Tough cut meat is constructed.</li> <li>Etc.</li> <li>FACTORS A CATERER S</li> <li>Type of customer</li> </ul>	ed. cooked and softene			
	<ul> <li>Device is portable.</li> <li>Saves fuel and time</li> <li>Nutrients are retained.</li> <li>Tough cut meat is constructed.</li> <li>Etc.</li> <li>FACTORS A CATERER S</li> <li>Type of customer</li> <li>Time of the day</li> </ul>	ed. cooked and softene SHOULD CONSI			
	<ul> <li>Device is portable.</li> <li>Saves fuel and time</li> <li>Nutrients are retained.</li> <li>Tough cut meat is constructed.</li> <li>Etc.</li> <li>FACTORS A CATERERS</li> <li>Type of customer</li> <li>Time of the day</li> <li>Number of courses</li> </ul>	ed. cooked and softene SHOULD CONSI			
	<ul> <li>Device is portable.</li> <li>Saves fuel and time</li> <li>Nutrients are retained.</li> <li>Tough cut meat is constructed.</li> <li>Etc.</li> <li>FACTORS A CATERERS</li> <li>Type of customer</li> <li>Time of the day</li> <li>Number of courses</li> <li>Nutritional balance</li> </ul>	ed. sooked and softene SHOULD CONSI	IDER WHEN PI	<u>lanning a MENU</u>	▲ 2.12.1
)	<ul> <li>Device is portable.</li> <li>Saves fuel and time</li> <li>Nutrients are retained.</li> <li>Tough cut meat is constructed.</li> <li>Etc.</li> <li>FACTORS A CATERER S</li> <li>Type of customer</li> <li>Time of the day</li> <li>Number of courses</li> <li>Nutritional balance</li> <li>Variation in flavor,</li> </ul>	ed. sooked and softene SHOULD CONSI	IDER WHEN PI		▲ 2.12.1
)	<ul> <li>Device is portable.</li> <li>Saves fuel and time</li> <li>Nutrients are retain</li> <li>Tough cut meat is c</li> <li>Etc.</li> <li>FACTORS A CATERER S</li> <li>Type of customer</li> <li>Time of the day</li> <li>Number of courses</li> <li>Nutritional balance</li> <li>Variation in flavor,</li> </ul>	ed. cooked and softene SHOULD CONSI , colour and texture	IDER WHEN PI	<u>lanning a MENU</u>	▲ 2.12.1
i) DUEST	<ul> <li>Device is portable.</li> <li>Saves fuel and time</li> <li>Nutrients are retain</li> <li>Tough cut meat is c</li> <li>Etc.</li> <li>FACTORS A CATERERS</li> <li>Type of customer</li> <li>Time of the day</li> <li>Number of courses</li> <li>Nutritional balance</li> <li>Variation in flavor,</li> </ul>	ed. cooked and softene SHOULD CONSI , colour and texture	IDER WHEN PI	<u>LANNING A MENU</u> marks @ 1 mark ea	▲ 2.12.1
e) () () () () () () () () () () () () ()	<ul> <li>Device is portable.</li> <li>Saves fuel and time</li> <li>Nutrients are retain</li> <li>Tough cut meat is c</li> <li>Etc.</li> <li>FACTORS A CATERER S</li> <li>Type of customer</li> <li>Time of the day</li> <li>Number of courses</li> <li>Nutritional balance</li> <li>Variation in flavor,</li> </ul>	ed. cooked and softene SHOULD CONSI , colour and texture	IDER WHEN PI e. [4 IEIR REMEDY	LANNING A MENU marks @ 1 mark ea REMEDY	▲ 2.12.1
t) DUEST a)	<ul> <li>Device is portable.</li> <li>Saves fuel and time</li> <li>Nutrients are retain</li> <li>Tough cut meat is c</li> <li>Etc.</li> <li>FACTORS A CATERER S</li> <li>Type of customer</li> <li>Time of the day</li> <li>Number of courses</li> <li>Nutritional balance</li> <li>Variation in flavor,</li> </ul>	ed. sooked and softene SHOULD CONSI colour and texture CICHES AND TH	e. [4 IEIR REMEDY	LANNING A MENU marks @ 1 mark ea <u>REMEDY</u> sion screw	<u>.</u> ch]
t) DUEST a)	<ul> <li>Device is portable.</li> <li>Saves fuel and time</li> <li>Nutrients are retain</li> <li>Tough cut meat is c</li> <li>Etc.</li> <li>FACTORS A CATERER S</li> <li>Type of customer</li> <li>Time of the day</li> <li>Number of courses</li> <li>Nutritional balance</li> <li>Variation in flavor,</li> </ul>	ed. sooked and softene SHOULD CONSI colour and texture CICHES AND TH	EIR REMEDY	Marks @ 1 mark ea REMEDY sion screw al/same thread on the	• ch] reel and bobbin
) <b>)</b> <b>)</b> <b>)</b> <b>)</b> <b>)</b> <b>)</b> <b>)</b> <b>)</b>	<ul> <li>Device is portable.</li> <li>Saves fuel and time</li> <li>Nutrients are retained</li> <li>Tough cut meat is c</li> <li>Etc.</li> <li>FACTORS A CATERER S</li> <li>Type of customer</li> <li>Time of the day</li> <li>Number of courses</li> <li>Nutritional balance</li> <li>Variation in flavor,</li> </ul>	ed. sooked and softene SHOULD CONSI colour and texture ICHES AND TH at on the bobbin	e. [4 IEIR REMEDY 1. Loosen ten 2. Use identic 3. Use the har	Marks @ 1 mark ea REMEDY sion screw cal/same thread on the nd to guide, do not pu	• ch] reel and bobbin
UEST ) 1. T 2. T 3. F	<ul> <li>Device is portable.</li> <li>Saves fuel and time</li> <li>Nutrients are retain</li> <li>Tough cut meat is c</li> <li>Etc.</li> <li>FACTORS A CATERER S</li> <li>Type of customer</li> <li>Time of the day</li> <li>Number of courses</li> <li>Nutritional balance</li> <li>Variation in flavor,</li> </ul>	ed. sooked and softene SHOULD CONSI colour and texture ICHES AND TH at on the bobbin	EIR REMEDY	Marks @ 1 mark ea REMEDY sion screw cal/same thread on the nd to guide, do not pu	• ch] reel and bobbin

4. Needle threaded wrongly4. Thread needle aga5. Needle either bent/blunt, too long or short5. Check the needle

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[5 marks @ 1 mark each]

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		ORS TO CONSIDER WHEN CHOOSING THREA	D FOR SEWING		
(b)	<ol> <li>FACTORS TO CONSIDER WHEN CHOOSING THREAD FOR SEVENCE</li> <li>It is important to use thread of the same correct thickness and colour for the fabric.</li> <li>It is important to use thread of the same material as the fabric. e.g cotton thread for cotton fabric.</li> <li>The thread should be of the same material as the fabric. e.g cotton thread for cotton fabric.</li> </ol>				
	1.	It is important to use uncertained as the fabr	ic. e.g cotton tilleau for cotton		
	2.	The thread should be of the same material as the fact silk thread for silk fabric and synthetic thread for syn	thetic fabric		
		silk thread for silk fabric the finer the thread should be.	t due of the fabric as closely		
	3.	The finer the fabric the finer the thread should be The colour of the thread for permanent stitching shou The colour of the thread for permanent to get an exact mat	ild match that of the labre as distributed		
	4.	The colour of the thread for permanent stitching shot as possible. Where it is important to get an exact mat	tch, the thread should be slightly		
		as possible. Where his imperiate of	distinguish on		
		darker rather than lighter. For tacking and thread marking, use shades of colou [3 mark]	r which you can easily ulsunguish		
	5.	For tacking and thread that by [3 mark	s @ 1 mark each]		
	_	the fabric. TORS TO CONSIDER WHEN DECIDING ON AN TORS TO CONSIDER WHEN DECIDING in rel	OPENING		
(c)	FAC	TORS TO CONSIDER WHEN DECIDING ON AN Consider the style and position of the opening in rel	ation to the garment style.		
	-	Consider the type of garment			
	. <del>-</del>	Consider the age of the wearer			
	-	Consider the type of fabric	[3 marks @ 1 mark each]		
	-	Consider the length of the opening	13 Marks @ 1 Mart 1		
	- TAC	TODE TO CONSIDER WHEN BUTH ST	UM SAUCEI MS		
(d)	FAC	It must be suitable for the home.			
	-	It must be suitable for the north fitting lid. It must have good handles and fitting lid.	king of food		
	-	The base must be heavy to prevent ourmany	King of 1000		
	_	Consider space for storage	(3 marks (a) I mark each		
	-	Consider the money available	METHOD OF COOKING		
(e)	FAC	Consider the money available TORS TO CONSIDER WHEN USING BOILING	considered.		
$(\mathbf{c})$		The people who are going to out may	the second s		
	-	Time available.			
	-	Cooking facilities.			
	-	The skill of the cook or homemaker.	[5 marks @ 1 mark each]		
	-	The type of food and the desired product			
(f)	(i) <b>QU</b>	ALITIES OF FRESH FRUITS.			
(-)	-	Fruits should be fresh and uncrushed.			
	-	Parts should not be eaten by pests. There should not be spot or discolouration.	se al		
		There should not be spot of discovery			
	-	It should be matured or ripe.			
	-	It should have natural colour. It should not be rotten or have odour.			
	-	It should not be folder of have even. Fruit should not look wrinkled, etc.	[3 marks @ 1 mark each]		
	-	Fruit should not look within any	t i elepping		
	( )	<b>ES OF FRUITS</b> Fruits can be served as desserts or first course in	meal and menu plaining		
	4., i <del>-</del>	They can be used as fruit salad For decorative purposes such as garnishing in or for decorative purposes such as garnishing in or	las to improve the appearance of the food		
	-	For decorative purposes such as garnishing in or	del to improvo bio 41		
	_	They are added to the preparation of parts	non		
	-	They are added to the preparation of puccase Fruits can be served as a side-dish, e.g. avocado	e served as desserts.		
	-	The such as hanana nawbaw (cur) over the			
	-	They are lised 101 making man and	1-Ilion		
	-	They are used for making jams, marmalade and Some fruits such as pawpaw can be used in the	preparation of stews and soups [3 marks @ 1 mark each]		
	-	Some fruits such as partiput char	3 marks @ 1 mark cuchj		
		MADKS]	<b>21.</b> C		
	PAPER 1 30		21. O 22. A		
	1. C 2. B	12. D	23. A		
	2. B 3. D	13. B	24. D		
	4. B	14. C	25. A		
	5. A	15. B	<b>26.</b> D		
	6. C	16. D	27. A		
	7. B	17. D 18. C	<b>28.</b> B		
	8. C	18. C 19. B	<b>29.</b> B		
	9. D	<b>20.</b> D	<b>30.</b> C		
	10. A				
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