

WEEKLY LESSON PLAN – B7

WEEK 3

Date: 4 TH FEB, 2022	Period:	Subject: Career Technology	
Duration:		Strand: Health and Safety	
Class: B7	Class Size:	Sub Strand: Personal, Workshop & Food Laboratory Safety	
Content Standard: B7.1.2.1 Demonstrate knowledge of preventing accidents in the workshop/site and laboratory		Indicator: B7.1.2.1.1: Describe accidents in the workshop/site/laboratory	Lesson:
Performance Indicator: Learners can identify workshop accidents and their causes		Core Competencies: CC 8.2: CP5.2:	
Keywords:			
Phase/Duration	Learners Activities	Resources	
PHASE 1: STARTER	Revise with learners on the previous lesson. Let learners answer few questions to review their understanding on the topic Share with learners the performance indicators.	Pictures, Posters and illustrations	
PHASE 2: NEW LEARNING	Brainstorm learners to explain what is meant by accidents. E.g., Accidents in the workshops are injuries that occur in the workshop/site or laboratory unexpectedly. Guide learners to discuss the types of accidents that occur in the workshop. E.g., Falls, Cuts, Bruises and Explosions Let learners identify the causes of accidents that can occur in the workshop/food laboratory. E.g., Tiredness/fatigue, poor lightening and ventilation.		
PHASE 3: REFLECTOIN	Use peer discussion and effective questioning to find out from learners what they have learnt during the lesson. Take feedback from learners and summarize the lesson.		

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Duration:		Strand: Health and Safety	
Class: B7	Class Size:	Sub Strand: Personal, Workshop & Food Laboratory Safety	
Content Standard: B7.1.2.1 Demonstrate knowledge of preventing accidents in the workshop/site and laboratory		Indicator: B7.1.2.1.2: Explain the need for keeping the workshop/site and the laboratory safe	Lesson:
Performance Indicator: Learners can describe how to keep the workshop site safe		Core Competencies: CC 8.2: CP5.2:	
Keywords:			
Phase/Duration	Learners Activities	Resources	
PHASE 1: STARTER	Revise with learners on the previous lesson. Let learners answer few questions to review their understanding on the topic Share with learners the performance indicators.	Pictures, Posters and illustrations	
PHASE 2: NEW LEARNING	Guide learners to identify personal safety measures in the workshop or laboratory. <i>E.g., Proper use of personal protective equipment in the workshop and laboratory and adherence to safety rules and regulations.</i> Learners to discuss how to keep tools and equipment safe to prevent accidents in the workshop or laboratory. <i>E.g., Proper storage of food, materials, tools and equipment.</i> Demonstrate ways of preventing accidents in the workshop/site//food laboratory. <i>E.g. • Follow instructions and do not rush through work</i> <i>• Good lighting and ventilation, work systematically and carefully</i> <i>• Keep oneself from harm, observe safety precautions,</i> <i>• Wear personal protective equipment (PPE) such as goggles, nose masks and boots</i>		
PHASE 3: REFLECTOIN	Use peer discussion and effective questioning to find out from learners what they have learnt during the lesson. Take feedback from learners and summarize the lesson.		